



Statement on Planetary Health

Since our founding in 1996, our organization has held the vision to “*Spread healing, light and love, creating wholeness on Earth.*” We believe this can only be accomplished through intentional and balanced relationships, those of whole health for all living organisms that inhabit this planet. We all survive through complex interwoven interactions with our environment; we rely on Earth for life.

We recognize that we are physically, mentally, socially, emotionally and spiritually dependent on, sustained by and nourished through the Earth. The health of our planet is essential to the success of the work and mission of Healing Beyond Borders.

We believe engaging in respectful relationship with the health of our planet is critical to fulfill our mission to spread healing and light worldwide through the heart-centered practice and teaching of Healing Touch.

This is best exemplified by Standards 8 and 9 of our [Code of Ethics and Standards of Practice](#):

- **Code 8:** Creating a Safe Healing Environment - Healing Touch practitioners provide a safe, welcoming, supportive and comfortable environment that is conducive to healing.
- **Code 9:** Principle of Healing - Healing Touch practitioners recognize and honor the patient’s unique self-healing process. The individual is acknowledged as a complex being, who is part of a social system, and is interactive with and is acted upon by their internal and external environments.

In order to fulfill the Healing Beyond Borders vision and mission we must examine our individual and organizational attitude and practices that affect how we engage in a sustainable relationship with planet Earth.

Our Continuing Commitment

We will continue the following programs, endeavors, and investments:

- Be diligent in promoting Healing Touch in ways that engage in healthy sustainable relationships with our planet.
- Continue to educate ourselves and our community through workshops, readings, and conversations that foster balanced relationships.
- Continue to foster safe environmental and energetic spaces for the practice and teaching of Healing Touch.
- Encourage our students, practitioners, and instructors to engage in the personal work of recognizing their interaction with the environment.
- Invest in partnerships with organizations that demonstrate a commitment to balanced sustainable living.
- Use our platform and influence within the healing community to support planetary health.

Resources:

- *American Journal of Lifestyle Medicine* <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8504332/>
- American Holistic Nurses Association *Beginnings* <https://www.ahna.org/American-Holistic-Nurses-Association/Resources/Planetary-Health>
- *The Lancet* [https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196\(21\)00005-X/fulltext](https://www.thelancet.com/journals/lanplh/article/PIIS2542-5196(21)00005-X/fulltext)

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