



Healing Beyond Borders

Educating and Certifying the Healing Touch®

Health Care Facility Policy and Procedure

Definition Healing Touch

Healing Touch is an energy (biofield) therapy that encompasses a group of non-invasive techniques that utilize the hands to clear, energize and balance the human and environmental energy fields. Healing Touch grew out of the nursing practice of Janet Mentgen, RN, BSN and was developed as a nursing continuing education program within the education committee of the American Holistic Nurses Association. Healing Touch is a nursing intervention that may be used to restore, energize and rebalance an energy field disturbance. (See NANDA diagnosis 1.8, Disturbed Energy Field): The North American Nursing Diagnosis Association's (NANDA's) Nursing Diagnosis of energy Field Disturbance is identified as a disruption in the flow of energy surrounding a person's being that results in a disharmony of the body, mind, and/or spirit.

Policy

Healing Touch complements and is adjunctive to therapeutic interventions utilized by physicians and other licensed health care providers. Healing Touch is an independent nursing intervention and does not require a physician order nor does it require formal informed consent. However, the nurse must have permission to assist the client. In addition, nurses who use Healing Touch as an intervention must have successfully completed at the minimum, an eighteen hour Level 1 continuing education course taught by a Certified Healing Touch Instructor. Within the acute care setting, it is highly recommended that the nurse will have successfully completed at minimum 29 hours of continuing education courses to include Healing Touch Levels 1 and 2.

There are five courses within the HTI Healing Touch Certificate Program curriculum that leads to completion of the course of study. Healing Beyond Borders defines four levels of Healing Touch practice: the Student has completed a Level 1 course. An HTI Healing Touch Practitioner Apprentice has completed Level 4, and the Healing Touch International Practitioner has completed the 105 contact hour preparation coursework within Levels 1 through 5 and has received a Certificate of Completion by Healing Touch International, now doing business as Healing Beyond Borders. The HTI Certified Healing Touch Practitioner has further met certification criteria and competency and has been approved by the Healing Beyond Borders Certification Board.

Indications for use include but are not limited to:

Pain, acute and chronic	Fear and Anxiety
Promotion of health and well being	Spiritual distress
Impaired tissue integrity	Respiratory distress
Post utilization of anesthesia, chemotherapy and other toxins	

The following are approved Healing Touch interventions for a basic Healing Touch sequence:

Magnetic Passes (Hands in Motion/Hands Still), Magnetic Clearing, Chakra Connection, Ultrasound, Laser, Chakra Spread, Scudder, Pain Drain, Headache techniques, back and neck techniques, Hopi technique, Spiral Meditation, Mind Clearing, Wound Closing and Sealing, Chelation, Etheric Template Clearing, Lymphatic Drain, Fifth/Sixth and Seventh Level techniques, Full Body Connection and Etheric Vitality.

References

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Resources

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Certification of Healing Touch Practitioners
Certification of Healing Touch Instructors
HTI Healing Touch Certificate Program
Standards of Practice/Code of Ethics
Scope of Practice Statement
Instructor Guidelines
Professional Development Courses
Annual International Conference
Research Compilation/Consultation
Nurse Consultant for Health Care Facilities

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